

Slight modifications to rides and or times might be experienced at the Rally.

Maine Bike Rally 2012, ROAD Ride Schedule			
Day/Ride #	Name	Depart Time	Distance miles
Friday 1	Downeaster to Rally From the south, taking the Downeaster to the Rally DOES make sense. Bikes can be offloaded in Wells, leaving a 17 mile ride to our Biddeford Middle School base. Yes, there's an Amtrak station in neighboring Saco, sadly, not equipped to handle bicycles.		17
Friday 13	Intro to the Eastern Trail Following the route of a historic railroad line, the 'ET' is now a nearly continuous off-road trail from Casco Bay to Kennebunk. We'll hop on the (unpaved) trail in Biddeford and explore the backcountry of Arundel and Kennebunk.	3:30 PM	20.6
Friday 2	Sand 'n Sundaes Camp Ellis We'll cross over the Saco River and cruise down Rte. 9 to Camp Ellis, a beach community with public pier and working waterfront, then on to quaint Ocean Park and loud and lively Old Orchard Beach. On the return trip we'll pull into a community favorite for an ice cream break.	4:00 PM	16.9
Friday 5	University of New England Campus Explore the University of New England campus (self guided) – pick up a map of the state's fastest growing college campus and stroll along the beautiful Saco River.	4:30 PM	15.3
Friday	Run of the Mill Public House and Brewery Dinner Ride	5:00 PM	3.6
Friday	Mulligan's Dinner Ride	5:00 PM	3.6
Friday	Sebago Brewing Company Dinner Ride	5:00 PM	16.3/18
Friday 7	Stargazer at Timber Point End the day with the stars or start the day with other early risers at Biddeford's beautiful Timber Point. <i>Lights required!</i>	9:30 PM	16.3

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<p>Saturday 7</p>	<p>Sunrise at Timber Point End the day with the stars or start the day with other early risers at Biddeford's beautiful Timber Point. Sunrise, 5:09 a.m. <i>Lights required!</i></p>	<p>4:15 AM</p>	<p>16.3</p>
<p>Saturday 21</p>	<p>Sweatin' a Century We'll follow the signed on-road Eastern Trail route all the way south to Kittery on back county roads, then ride north following the coast back to Biddeford. Something for everyone on this ride!</p>	<p>7:00 AM</p>	<p>102</p>
<p>Saturday 20</p>	<p>Willowbrook Museum Metric Step back in time when we arrive at a fully functioning 19th century village complete with blacksmith shop, horse-drawn sleighs and carriages, and an 1884 carousel. Bring your lunch or purchase it from the sandwich shop. We will explore the museum for 2 hours before journeying back to Biddeford. (<i>Admission fee: \$10</i>)</p>	<p>7:30 AM</p>	<p>59.9</p>
<p>Saturday 14</p>	<p>Gooch's Beach Anyone? This favorite local ride includes a bit of inland and a lot of coastline, through the towns of Arundel, Kennebunk, and Kennebunkport as we cycle to the sandy expanse of Gooch's Beach. The trip will include a stop at a Franciscan Monastery: stroll along the bank of the Kennebunk River amid gardens, woodlands and outdoor chapels.</p>	<p>8:00 AM</p>	<p>40</p>
<p>Saturday 16a</p>	<p>Saco River Scramble Our first stop will be Saco Heath, a unique peat bog of over 1,000 acres, now owned by the Nature Conservancy. We'll stroll into the Heath on a raised boardwalk that allows a memorable tour of this geological wonder. Next, we'll head for the historic Saco River Grange, now a popular venue for music and arts, before following the mighty Saco River back to Biddeford.</p>	<p>8:15 AM</p>	<p>32</p>
<p>Saturday 25</p>	<p>East Coast Greenway Finale to Portland East Coast Greenway Finale to Portland - The East Coast Greenway Alliance is holding its first ever Community Tour, which departed Miami, FL on May 12 and will be arriving in Portland, Maine on July 7. Let's welcome the thru-riders to Maine and join the entourage to accompany them for the last leg of their 2,300 mile trip. The ride will follow the completed off-road sections of the Eastern Trail and off-street trails in Portland. The arrival of the</p>	<p>8:30 AM</p>	<p>49</p>

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	ride at the "Celebrate Portland" community event (featuring food, activities, entertainment) will be to great fanfare. Join the celebration.		
Saturday 12	Farmers Market We'll spin through downtown Saco, include a few destinations that contribute to Saco's historic beauty, and stop by the farmer's market before we return to base.	8:45 AM	15
Saturday 3	Salute to the Seals (UNE) The University of New England Marine Mammal Center is our objective for this educational tour. Established in 1998, one of the center's missions is nursing marine mammals back to health before returning them to the wild.	9:00 AM	12.5
Saturday 11	Artisan's Tour of the Kennebunks Tour of the Kennebunks – join us to visit galleries and studios during a tour of Kennebunk's Lower Village and neighboring Kennebunkport	9:15 AM	25
Saturday 9	Saco Bay Garden Club 2012 Garden Tour Join trip leader Anne Murphy for a tour of Saco Bay Gardening Club member properties, and a visit to Kennebunkport's Black Rock Farm.	9:30 AM	~16
Saturday 23	Pedal and Paddle How about a ride along back roads to Skelton Dam, then switching to canoes and floating down the Saco River, where we'll disembark at Rotary Park and, with an assist from the Biddeford Rec Department, hop back on bikes for the short trip back to BMS.	9:45 AM	
Saturday 18	Wood Island Light Boat Ride Wood Island Light Boat Ride - We will pedal a short distance up to scenic Biddeford Pool, where we'll board a boat for a visit to Wood Island. There, we will be treated to a tour of the historic Wood Island Light. Donation of \$15 - adult, \$8 - children for Friends of Wood Island Light. Limit: 17 people.	10:00 AM	20
Saturday 8	Cool and Green Dr. Rick's Grower and Heath Master Gardener Rick Churchill will lead a ride highlighted by visits to Pierson Nurseries in Dayton and the unique Saco Heath.	10:15 AM	18.7

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Saturday 19	Tour de Mills Biddeford and Saco once supported thriving textile mills that generated their power from the Saco River. Join us for a fascinating tour of these historic buildings, some of which now house residential condominiums, arts and crafts, and shops and restaurants.	10:30 AM	4
Saturday 17	Beaches of Biddeford From Biddeford Pool to Granite Point, sandy beaches to rockbound coast, Audubon Sanctuary to Rachel Carson Preserve, Biddeford offers enough variety to satisfy the most ardent beach and nature lover.	10:45 AM	30.1
Saturday 26	Brick Store Museum The Brick Store Museum was established in Kennebunk in 1936 by Edith Cleaves Barry, a great granddaughter of William Lord, a wealthy merchant. Join us to tour the museum then embark on a walking tour of the first local historic district established in the State of Maine. There is a \$5 donation requested for both museum and walking.	11:15 AM	~20
Saturday 6	Salt 'n Vinegar OOB We'll introduce you to the newest section of the Eastern Trail, then check out Maine's largest salt marsh and some OOB highlights on our way down to the peerless Old Orchard Beach Pier. Fries, anyone?	11:30 AM	25
Saturday 13	Intro to the Eastern Trail Following the route of a historic railroad line, the 'ET' is now a nearly continuous off-road trail from Casco Bay to Kennebunk. We'll hop on the (unpaved) trail in Biddeford and explore the backcountry of Arundel and Kennebunk.	1:00 PM	20.6
Saturday 5 (reverse)	Ride UNE in reverse (end at park expo) (self guided) – Pick up a map of the state's fastest growing college campus and stroll along the beautiful Saco River.	1:30 PM	<15
Saturday 7	Stargazer Ride at Timber Point Somehow things appear different in the dark. Why, this looks just like the Sunrise ride but it's dark on both ends of the ride.	9:30 PM	16.3

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	Lights required!		
Sunday 7	Sunrise Ride at Timber Point Start the day with other early risers at Biddeford's beautiful Timber Point. One more chance to experience the Sunrise in Maine, 5:09 a.m. Lights required!	4:15 AM	16.3
Sunday 27	Yoga on the Beach "I have never enjoyed a yoga class more than taking your sunrise yoga on the beach class. The outdoors really enhances all of the senses..." Need we say more? Mindy Miller-Muse has practiced yoga since 1996. Join her to pedal out to a beautiful Biddeford beach, then greet the day in a soothing but invigorating session.	7:30 AM Sharp for 8:15 AM class	15.6
Sunday 10	Mix It Up Half Century We'll pedal up the coast to Scarborough, then head inland for those of you that miss the hills. Then we will loop south and head back to Biddeford.	8:00 AM	50.3
Sunday 24	Barkers Pond Harris Farm Double Dip A favorite of the local Community Bicycle Center is a ride to Barkers Pond near Goodwins Mills for a swim, then stopping at Harris Farm (world's best chocolate milk, and ice cream treats) on the way back.	8:30 AM	23.7
Sunday 2	Sand 'n Sundaes Camp Ellis We'll cross over the Saco River and cruise down Rte. 9 to Camp Ellis, a beach community with public pier and working waterfront, then on to quaint Ocean Park and loud and lively Old Orchard Beach. On the return trip we'll pull into a community favorite for an ice cream break.	9:00 AM	16.9
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Sunday 28	Wedding Cake House The Wedding Cake House was built in 1825 by shipbuilder George Bourne, and endures to this day as	9:15AM	~20

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	a spectacular example of the Gothic Revival style of architecture. Join us as we bike quiet back roads from Biddeford to Kennebunk and enjoy a tour of this beautiful historic home.		
Sunday 19	Mill History Tour Biddeford and Saco once supported thriving textile mills that generated their power from the Saco River. Join us for a fascinating tour of these historic buildings, some of which now house residential condominiums, arts and crafts, and shops and restaurants.	10:30AM	4